

STANDARD - Fundamentals of Fostering Modules

The Caregivers Voice: Being a Valuable Part of an Effective Child Welfare Team

- 922-FF13-S2 – Fundamentals of Fostering – Role on the Child Protection Team
- 6 hour training
- Explore the roles and responsibilities of all members of the child welfare team, particularly focusing on primary team members: the foster caregiver, the caseworker and the birth parent. Learn strategies for the members of the child welfare team to work together more effectively. Discuss how to enhance caregivers' communication and collaboration skills in working with the licensing agency, the birth parents, schools, courts and other service providers.

Cultural Issues in Foster Care: Dealing with the Dynamics of Difference

- 927-FF11-S – Fundamentals of Fostering – Cultural Foundations
- 6 hour training
- Learn to differentiate culture from race, ethnicity and gender. Learn common cultural misconceptions and conflicts, particularly those involving foster families. Learn about ethnocentrism, stereotyping, prejudice, and discrimination. Understand the formation of racial identity for children. Develop parenting strategies to assist foster children in the formation of strong, healthy identity and self esteem.

Defusing Crisis Situations Safely and Sanely

- 926-FF10-S – Fundamentals of Fostering – Promoting Placement Stability
- 6 hour training
- Understand anger as an unmet need, identify the stages of a developing crisis and build corresponding de-escalation skills. Assess how your own values, expectations, responses to anger and personal temperament can diffuse a situation or contribute to even greater escalation.

Development of Adolescents: The Effects of Abuse and Neglect

- 923-FF4-S – Fundamentals of Fostering –Developmental Issues in Maltreated Children
- 6 hour training
- Review “normal” developmental patterns of adolescence. Discuss the impact of abuse and neglect as well as out-of-home care on the development of teens . Identify parenting tips and strategies to more effectively meet the needs of the teens in care, based on developmental levels. Discuss the ability to effectively communicate and advocate for teens.

Development of Infants and Toddlers: The Effects of Abuse and Neglect

- 923-FF2-S – Fundamentals of Fostering – Developmental Issues in Maltreated Children
- 6 hour training
- Review “normal” developmental patterns of children from birth through the toddler years and discuss the impact of abuse, neglect and separation. Identify various exceptional needs and identify parenting tips and strategies to more effectively meet the needs of the children in your care.

Development of Preschoolers and School Age Children: The Effects of Abuse and Neglect

- 923-FF3-S – Fundamentals of Fostering – Developmental Issues in Maltreated Children
- 6 hour training
- Review “normal” developmental patterns of children from the preschool years through the elementary years of schooling. Discuss the impact of abuse and neglect as well as out-of-home care on the development of children. Identify parenting tips and strategies to more effectively meet the needs of children in care, based on developmental levels.

Discipline in Foster Care: Managing Our Behavior to Manage Theirs

- 925-FF8-S – Fundamentals of Fostering – Constructive Behavior Management
- 6 hour training
- Foster parents will develop sensitivity for every child’s needs and understand their parenting style. Explore how changing the caregivers’ approach will impact the child’s behavior. Identify specific strategies to individualize discipline to the needs and issues of each child.

Foster Families and How They Grow: Understanding the Effects of Fostering

- 926-FF9-S – Fundamentals of Fostering – Promoting Placement Stability
- 6 hour training
- Understand the stages of foster family adjustment. Explore the emerging roles and barriers to fulfilling those roles. Identify stressors and develop strategies to build a healthy fostering experience.

Fostering Self-Reliance in Children and Youth: Roots and Wings

- 941-FF14-S – Fundamentals of Fostering
- 6 hour training
- Learn how to equip children for independence as they grow into adulthood.
- Understand the process of providing learning opportunities in daily living skills from an early age and as your child matures.
- Identify tools to foster self-reliance in children of all ages and developmental levels

Healthy Sexual Development of Children and Teens

- 923-FF5-S – Fundamentals of Fostering
- 6 hour training
- Introduce the basic concepts of sexual development and the Johnson continuum of childhood sexual behavior
- Understand when a child's sexual behaviors are normal and developmentally appropriate
- Learn how to discuss sexual issues with children and adolescents
- Understand how to maintain a supportive environment and encourage healthy sexual development

Recognizing and Responding to Children Who Have Been Sexually Abused

- 923-FF6-S – Fundamentals of Fostering – Developmental Issues in Maltreated Children
- 6 hour training
- Understand the definition and dynamics of sexual abuse of children. Examine the pervasive pathology of the sexually abusing home. Identify ways to understand and support children in care who have been sexually abused. Identify parenting strategies to prepare the home to receive children who have been sexually abused, as well as strategies to enhance their ongoing care.

Relating to Primary Families: Understanding Challenges, Issues and Strategies for Success

- 928-FF12-S – Fundamentals of Fostering – Primary Families
- 6 hour training
- Provide information about why the involvement of foster caregivers with primary families is critical for the child and both families. This training will also enhance your skills in engaging primary families, managing conflict, diffusing issues, and developing strategies of support, expediting permanency for children.

Understanding and Building Attachments

- 924-FF7-S – Fundamentals of Fostering – Attachment, Separation and Placement
- 6 hour training
- Learn the attachment process and how separation and placement influence the attachment process. Learn how to recognize secure and insecure attachments and how to parent a child with insecure attachment.