

Autobiography

Instructions

Your completion of this autobiography will help in the processing of your home study. Please answer each question as completely as possible. Please note each applicant must fill out a separate form.

Please be as honest as possible. If you are not comfortable giving details about particular things, just write "will explain in detail" in that section and the issue will be addressed at a later time by the assessor or his/her supervisor.

If using additional paper be sure to number your answers. If using a computer, number your answers and retyped bold words only of each question you are answering.

Please remember that providing misleading or false information could result in a denial of your application. Return with application.

NAME: _____

DATE: _____

***Print or write clearly**

1. **About Yourself** - How would you describe your personality? Give us your full legal name, date and place of birth, and places you lived with approximate dates.

2. **Your Family of Origin** - Describe your mother, father, brothers and sisters. What are their full names, ages, and where do they currently live? Tell us about their marital status and work status. Do they have kids? What is your relationship with each of your siblings?

6. **Sexual Development** – How would you describe your sexual development? How did you learn about sex (from peers, parents)? Sexual exploitation or abuse of a child is when another person (adult or child) engages the child in some sort of sexual activity for the purpose of the pleasure of the other adult or child. Sexual exploitation or abuse may involve touching, various degrees of sexual activity, watching movies with sexual themes, talk that is sexually graphic or suggestive, etc. Have you ever personally experienced sexual abuse as an adult or a child? If so, please give some description of the extent of this exploitation or abuse to the degree that you feel comfortable disclosing. If you were abused but are not comfortable disclosing any details, please note that also.

7. **Education** – How far did you go in school? Did you graduate from or achieve GED? Did you enjoy school? What extra-curricular activities were you involved in? What were challenges and successes?

8. **Employment** – Briefly summarize your employment and work life experience. Please list the approximate dates of your jobs and a brief description of the type of work you did at that job. Always list how the job was ended (laid off, quit, fired, offered a better opportunity). Explain noteworthy challenges or successes.

9. **Significant Events** – What are the most significant and memorable events in your life thus far? Why are these things significant and/or memorable to you?

10. **Feelings** – Do you feel that you have a “normal” range of feelings and emotions such as anger, sadness, happiness, disappointment, etc.? How would others describe how you express your feelings? For instance, do people tell you that they can never tell how you feel, that you are a “hothead,” that you are always fun to be around, etc.? Are you concerned at all about your feelings? Do you think you get more depressed than most people; are you worried that you have trouble controlling your anger, etc.?

11. **Marriage and Significant Relationships** – Discuss previous marriages/significant relationships. When and how did you meet this person? How would you describe the relationship as it ran its course? Is there ongoing contact? Were children involved? (discuss child support and visitation issues). What lessons were learned?

12. **Fertility** – Do you have, or do you think you may have any difficulty conceiving children? If a person is unable to conceive children, it’s not uncommon for him or her to experience a grieving process. Have you noticed this in yourself? Where are you in the grieving process?

13. **Mental Health & Substance Abuse Issues** – Please discuss any history of mental health problems in yourself and your extended family. Have you ever had problems with anxiety or excessive worry? Depression? Thought problems (confused thoughts, hearing or seeing things others don't see or hear)? Have you ever seen a psychiatrist/psychologist, counselor or minister for emotional problems or concerns? Have you ever been hospitalized for any emotional problems? Have you ever thought about hurting yourself or others?

14. **Substance Use** – Please describe how often you drink, typically how much you drink and what you drink. If you don't drink at all, have you in the past? If so, when did you stop and why? Describe any current or past use of illegal substances/drugs including marijuana?

15. **Criminal History** – Have you ever been arrested or charged criminally? If so, please describe each incident - the charge, the fine, or disposition, jail time, if any, as well as, probation or parole.

16. **Leisure Time** – How do you like to spend your free time? What are your hobbies, talents, interests?

17. **Future Goals** – What are your goals regarding educational, career, and/or relationships?

18. **Discuss Evidence of Personal and Emotional Maturity** – Give examples of your ability or inability to delay gratification. Have you ever wanted something you couldn't have? Describe instances where you have felt unappreciated or rejected. How did you react or how do you typically react? How would you handle a child that did not show affection? What are your emotional strengths and vulnerabilities? How would you handle a child that was angry with you or challenged you?

19. **Describe Your Stability and Quality of Interpersonal Relationships** – Give examples of strengths or vulnerabilities in these areas. Is stability reflected in family history and current relationships? Do you have long-term or close relationships? Do you have close friends as well as associates? Tell us about them - who are they, how long have you known them, why are these relationships significant?

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