

## **SUMMARY OF FUNDAMENTALS OF FOSTER CURRICULUM FOR NEWLY LICENSED FOSTER CAREGIVERS**

The Fundamentals of Fostering workshops were developed to build on the learning provided during pre-service training, and will allow caregivers to go beyond awareness and knowledge by developing skills that they can apply to their new roles as foster caregivers. These workshops are not required but highly recommended for all foster caregivers during their first two years of fostering.

### **Understanding and Building Attachment (920)**

This workshop distinguishes characteristics of secure attachment from those of insecure attachment, provides information on how separation and placement impacts and is impacted by the child's attachment pattern, and presents a template for parenting children with insecure attachment.

### **Foster Families and How They Grow: Understanding the Effects of Fostering (921)**

This workshop presents stages of foster family adjustment, explores emerging roles and barriers to fulfilling those roles, and assists foster caregivers in developing strategies to build a healthy fostering experience.

### **Discipline in Foster Care: Managing Our Behavior to Manage Theirs (922)**

This workshop will focus on understanding the caregivers' parenting style and its impact on the child's behavior, the special issues of parenting an abused/neglected child, and how to individualize discipline strategies to meet the needs and issues of each child.

### **Learning Lab for Discipline in Foster Care: Managing Our Behavior to Manage Theirs (922)**

### **Defusing Crisis Situations Safely and Sanely (923)**

This workshop helps participants understand anger as an unmet need, identifies the stages of a developing crisis and builds corresponding de-escalation skills. They will assess how their own values, expectations, responses to anger and personal temperament can defuse a situation or contribute to even greater escalation.

### **Caregiving Families Relating to Primary Families: Understanding Challenges, Issues and Strategies for Success (924)**

This workshop provides information about why the involvement of foster caregivers with primary families is critical and it will enhance skills of foster caregivers in engaging primary families, managing conflict, diffusing issues, and developing strategies of support.

## **SUMMARY OF FUNDAMENTALS OF FOSTERING CURRICULUM FOR NEWLY LICENSED FOSTER CAREGIVERS (continued)**

### **Caring For a Child Who Has Been Sexually Abused: A Journey of Understanding (925)**

This workshop examines the definition and dynamics of sexual abuse of children, explores the pervasive pathology existing within the sexually abusing home, and presents extensive parenting strategies to prepare the home and enhance the child's ongoing care.

### **Development of Infants and Toddlers and the Effects of Abuse and Neglect (926)**

This workshop will review "normal" development patterns of children from birth through the toddler years. Participants will explore the impact of abuse and neglect as well as separation from primary families. This workshop will highlight some exceptional needs that some children and families face, and will also provide parenting tips and strategies to more effectively meet the needs of the infants and toddlers in their care, based on developmental levels.

### **Development of Preschoolers and Grade School Age Children and the Effects of Abuse and Neglect for Caregivers (927)**

Review "normal" developmental patterns of children from preschool years through the elementary years of schooling. Discuss the impact of abuse and neglect as well as out-of-home care on the development of children. Identify parenting tips and strategies to more effectively meet the needs of children in care, based on developmental levels.

### **Development of Adolescents and the Effects of Abuse and Neglect for Caregivers (928)**

Review "normal" developmental patterns of adolescence. Discuss the impact of abuse and neglect as well as out-of-home care on the development of teens. Identify parenting tips and strategies to more effectively meet the needs of teens in care, based on developmental levels. Discuss the ability to effectively communicate and advocate for teens.